Babysitter Checklist

Contacts	Parent phone	
Contacts	Backup contact	
Contacts	Emergency	911
Contacts	Poison Control	1-800-222-1222
Health	Allergies	
Health	Medications & dosing	
Routine	Dinner	
Routine	Bedtime	
Rules	Screen time	
Rules	Off-limits areas	
House	Wi-Fi / address	

Poison Control: poisonhelp.hrsa.gov